

# DR. ANTHONY J. LOMBARDI, D.C

## Curriculum Vitae

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## Work Experience

### 2003 – Present

- Clinic director and Chiropractor of Hamilton Back Clinic and Hamilton Back Clinic Sports Injury Centre.
- An integrated, multidisciplinary group which manages musculoskeletal pain using a multimodal approach.

### 2003

Consultant and treatment provider at the National and World Cycling Championships in Hamilton, Canada.

### 2004

Invited as a treatment provider to participate in the World Indoor Track and Field Championships in Budapest, Hungary.

### 2005

Invited as a treatment provider to participate in the World Outdoor Track and Field Championships in Helsinki, Finland.

### 2005 – 2013

- Instructor, McMaster University Contemporary Medical Acupuncture Program.

### 2006

- Chiropractic consultant for Buffalo Bandits of National Lacrosse League
- Co-author of article published on Contemporary Medical Acupuncture in *The Canadian Chiropractor*, Sept. 2006

### 2008 - present

- Chiropractor to several professional football players in the Canadian Football League (CFL), National Football League (NFL), and National Hockey League (NHL).

### December 2009

- Member of McMaster University Contemporary Medical Acupuncture Program selected to go to San Diego, California to instruct the U.S Navy doctors.

#### **January 2010**

- Developer and chief instructor of Dr. Lombardi Workshops Speaker Series teaching Exstore Functional Assessment and Electroacupuncture Motor Point Seminar.

#### **March 2010**

- Member of McMaster University Contemporary Medical Acupuncture Program selected to go to San Diego, California to instruct the U.S Navy doctors.

#### **May 2010**

- Guest Lecturer at New York Chiropractic College Seneca Falls, New York USA.

#### **June 2010**

- Guest Lecturer at McMaster University Medical School, Hamilton, Ontario, Canada.
- Author of "Collaborative Relationships: A Chiropractic Perspective"
- Spring 2010 – The Health Professional

#### **2011 - present**

- Over 100 published articles as a regular monthly contributor to Chiropractic Economics Magazine, Canadian Chiropractor Magazine, Inside Fitness Magazine and Train Magazine.

### **Graduate Education**

#### **1999 – 2003**

- Doctor of Chiropractic, New York Chiropractic college (NYCC) Seneca Falls, New York USA.
- Board Exams successfully completed: National Board of Chiropractic Examiners (USA NBCE) Parts I, II, III & Physical Therapy, Canadian Chiropractic Examining Board (Canada CCEB) Parts A, B, C & College of Chiropractors of Ontario (CCO) Jurisprudence (Registered to practice in Ontario by the CCO).

### **Undergraduate Education**

#### **1996 – 1999**

- Honors Bachelor of Kinesiology Program, McMaster University, Hamilton, Ontario

## Continuing Education

### 2001

- ART Spine, Saddlebrook, New Jersey.
- Active Release technique Upper Extremity, Toronto, Ontario

### 2002

- Active Release Technique Lower Extremity, East Rutherford New Jersey.
- Cox Distraction Technique, National University of Health Sciences, Lombard, Illinois.

### 2003

- McMaster University Contemporary Medical Acupuncture for Health Professionals, 300 Hrs in Category 1 of the Physician Recognition Award of the American Medical Association
- McMaster University Contemporary Electro-acupuncture for Lower Extremity Injuries, 24 hrs (AMA).
- McMaster University Contemporary Electro-acupuncture for Upper Extremity Injuries, 24 hrs (AMA)
- McMaster University Advanced Course in Contemporary Medical Acupuncture for the Management of Headaches/Pain Problems of the Face and Neck, 14 hrs (AMA)

### 2004

- McMaster University Contemporary Electro-acupuncture of Lower Extremity Injuries, 14 hrs (AMA)
- McMaster University Contemporary Electro-acupuncture of Lower Extremity Injuries, 24 hrs (AMA)
- McMaster University Contemporary Electro-acupuncture for Upper Extremity Injuries, 6 hrs (AMA)
- McMaster University Contemporary Electro-acupuncture for Upper Extremity Sports Injuries, 24 hrs (AMA)
- McMaster University Contemporary Electro-acupuncture for Sports Injuries, 24 hrs (AMA)
- The Shoulder Made Simple: The diagnosis and Management of shoulder disorders, Auburn NY
- The Mechanics, Diagnosis, Classification and Treatment of Most Common Causes of Thoracic and Back Pain, Buffalo NY (25 hrs)



## 2005

- McMaster University Contemporary Medical Acupuncture For Health Professionals, 300 hrs (AMA)
- McMaster University Contemporary Medical Acupuncture For Health Professionals, 300 hrs (AMA), Sept-Dec.
- Certificate Of Recognition as Instructor of Medical Acupuncture
- Active Release Technique Re-certification Course; Nerve Entrapments
- CATS: Cranial Adjusting Turner Style, 15 hrs

## 2006

- Theralase: Therapeutic Laser Practitioner Certification, Toronto Ontario, 10 hrs
- McMaster University Contemporary Medical Acupuncture For Health Professionals, 300 hrs (AMA), Feb-June
- McMaster University Contemporary Medical Acupuncture For Health Professionals, 300 hrs (AMA), Sept-Dec.
- McMaster University Contemporary Acupuncture Sports Injury Diagnosis, 55 hrs (AMA)
- Co-author of article published on Contemporary Medical Acupuncture in *The Canadian Chiropractor*, Sept 2006.

## 2007

- McMaster University Contemporary Acupuncture Sports Injury Diagnosis, 55 hrs (AMA)
- McMaster University Contemporary Medical Acupuncture For Health Professionals, 300 hrs (AMA), Feb-June.
- McMaster University Contemporary Medical Acupuncture For Health Professionals, 300 hrs (AMA), Sept-Dec.
- McMaster University Contemporary Medical Acupuncture Instructor of Advanced Needle techniques for Musculoskeletal problems, 20 hrs (AMA)
- McMaster University Advanced Functional Assessment of Musculoskeletal problems, 20 hrs (AMA)
- McMaster University Contemporary Medical Acupuncture Instructor of Advanced Needle techniques for Musculoskeletal problems, 20 hrs (AMA)
- McMaster University Contemporary Medical Acupuncture For Health Professionals, 300 hrs (AMA), Feb-June.
- McMaster University Contemporary Medical Acupuncture For Health Professionals, 300 hrs (AMA), Sept-Dec.
- McMaster University Integrated Diagnosis of Cervico-Cranio\_Mandibular Disorders (CCMD), 20 hrs, (AMA).
- McMaster University Contemporary Medical Acupuncture For Health Professionals, 300 hrs (AMA), Feb-June.

## 2010

- McMaster University Contemporary Medical Acupuncture For Health Professionals, 300 hrs (AMA), Sept-Dec.

- McMaster University Contemporary Medical Acupuncture For Health Professionals, 300 hrs (AMA), Sept-Dec.

#### 2011

- McMaster University Contemporary Medical Acupuncture For Health Professionals, 300 hrs (AMA), Feb - June.
- McMaster University Contemporary Medical Acupuncture For Health Professionals, 300 hrs (AMA), Sept-Dec.

#### 2012

- McMaster University Contemporary Medical Acupuncture For Health Professionals, 300 hrs (AMA), Feb-June.
- McMaster University Contemporary Medical Acupuncture For Health Professionals, 300 hrs (AMA), Sept-Dec.

#### 2013

- McMaster University Contemporary Medical Acupuncture For Health Professionals, 300 hrs (AMA), Feb-June.
- McMaster University Contemporary Medical Acupuncture For Health Professionals, 300 hrs (AMA), Sept-Dec.

### Published Works

#### 2011

- Author of EXSTORE ASSESSMENT & TREATMENT SYSTEM

#### 2013

- Author of DR. LOMBARDI'S ACUPUNCTURE MOTOR POINT MANUAL – Book and DVD compilation
- Producer of ACUPUNCTURE TREATMENT OF 7 MUSCULOSKELETAL INJURIES
- Adapted Musculoskeletal System Cause and Restoration *J Amer Chiropractic Association* 2013

#### 2015

- RMT Association of British Columbia Magazine
- RMTAO Magazine  
*Effect of Over Training In Endurance Athletes*

#### **April 2016**

- Over 6000 hours of acupuncture continuing education hours accumulated in addition to 12 years of practicing medical acupuncture in private practice seeing over 100,000 patients.

### **Awards**

#### **2013**

- 1 of 5 nominated for Chiropractor of the year in Ontario out of a pool of 4,291 Chiropractors by the Ontario Chiropractic Association

#### **2014**

- Awarded Fest'Italia Award of Distinction for Health and Technology